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bleeding. Instead, try to talk the person into lying down, keep them warm, and elevate uninjured legs. Most important is to remain calm! Your fear or anxiety will make their condition worse. Keep talking to them, using their name frequently and telling them that help is on the way. Spinal Concerns

Once you have addressed the other concerns listed above, it is extremely important that you immobilize a crash victim's spine, to protect them from further injury. If the person is lying down, you should be sitting at their head, holding their neck to keep their head still. Do not lift their head to place anything underneath it.

If the person is sitting, and you don't need to treat them for shock, approach them from the front at eye level if possible. Make sure you explain first that you want to help them keep their head still, to protect their spine. (Approaching an already anxious person from behind and grabbing their head is not likely to elicit a good response.) Then take a position behind them and support their neck, making sure you don't cover their ears.

Get Training

This is a very quick synopsis of points to be considered at a crash scene. For more details, to find out how to host a class for your group, or to find a class that is already scheduled, contact ASMI. The full class, "A Crash Course for the Motorcyclist," is seven hours long and includes hands-on training. You can also receive a free, handy wallet card outlining PACT and the ABC's. Just send a stamped, self-addressed envelope to the address provided here.

If you wait until something happens to decide it's time to get trained, you waited too long! Get trained now - you never know when you might need it.

Classes in Wisconsin Rapids at Riverview Hospital

#108-05: "A Crash Course for the Motorcyclist" - Sat. May 14th 9-5:30pm \$25.00*

#346: "Advanced Bystander Assistance" (Sat class required to take Adv.) - Sun. May 15th 9-4:30pm \$35.00

*class includes bonus legal portion by Hupy & Assoc. - Law firm has paid a portion of the class fee.

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DAY TWO STOPS	DEPART
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LYN & PAM'S CRK. SIDE INN BATAVIA	1:45
THE ROAD HOUSE CEDARBURG	3:30
SCHUYLER ST. PUB NEOSHO	4:20

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