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There are a lot of people that seem to be forgotten about in this country. I am referring to all the homeless, mentally ill and veterans, just to name a few of the categories. It has always been my belief that we as a whole can do our own little part to help out in some way, shape or form. This is a story of just that kind of helping.

I was invited to attend a luncheon at the OVE Hall at the King Veterans Home, near Waupaca, WI. This particular place is a venue, where 'down on their luck' veterans, can go to be safe, secure and get some help and kind of a new chance. The reasons they are there is not important, but what we as society does for them is.

Tommy (IRA) Gibbons, President of the Disturbed MC Nomads has always tried to help out where he can. When he found out about this program through the Ultimate Sacriface USA, a Veterans Support Group, the two groups combined as a joint effort and kicked it into high gear to make a difference. Tommy, being a chef by trade, set out to give these veterans a good meal once a month and raise some much needed funds for the simplest of items needed by the residents of OVE Hall like toothpaste, deodorant, shampoo, socks and underware, etc. Tommy's club and Ultimate Sacriface USA, being 501 charity organizations, helps give them a chance to do what we should all be doing and take it a step further.

Keep in mind these are all bikers and volunteers that are willing to take time out of their day to do something good for others. Tommy was telling me that most of these veterans met him the month before, but didn't recognize him this time because he was donned in chef's attire. The month before, he was wearing his patched vest with tattoos flying free. Diesel (a veteran himself) and a Disturbed MC member was also there serving food and supporting the guys. (My mom told me to never look at a person and make judgment before you know the facts about the individual. This is a great case for that kind of thinking.)



All in all, about 25 veterans were served a great meal and they all look forward to the next time the Disturbed MC Nomads and Ultimate Sacrifice USA show up. Only this time you can add the support of the Free Riders Press and many other members of the community that really do care but just don't know where to start helping. If you're interested in supporting what the Disturbed MC

Nomads and Ultimate Sacriface USA do, shoot an e-mail to Tommy *ira.disturbedmc@gmail.com* or

visit the Ultimate Sacriface USA website at *www.vetconnect411.org*





















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