

A couple of notes from ABATE of Wisconsin PR Desk...

FOR IMMEDIATE RELEASE:

### Keeping Bikers Cool!

Extreme Summer Temperatures are Dangerous for Motorcyclists.

Riders of motorcycles know all too well how hot it gets riding in the summer months. When it's 85 outside, it feels like 105 on the bike with the engine idling, the sun beating down and the pavement below heating up. In addition, motorcycle riders have more clothing on than the average traveler in summer which adds to the heat that the rider experiences. Because of these factors, it is imperative that the rider pay attention to the warning signs of heat exhaustion and dehydration.

*Some signs of heat exhaustion and dehydration are:*

Dry mouth	Extreme thirst
Dizziness	Fainting
Fatigue	Headache
Lack or no perspiration	Muscle or abdominal cramps.
Nausea, vomiting, or diarrhea	Dark-colored urine

*Motorcyclists can avoid heat exhaustion and dehydration with a few simple tips.*

- Wear ventilated motorcycle clothing like jackets with a flow-through mesh. Leathers may be more protective for a road slide, but it impairs your ability to lose heat.
  - Wet clothing prior to going for a ride. The moisture in the clothing will help keep the skin moisturized, producing a kind of synthetic sweat to help the body cool itself.
  - Keep your skin covered. Exposed skin may feel cooler, but that's because the sweat is evaporating quicker, but that is just making you more dehydrated.
  - Make more frequent stops to get out of the sun or find an air conditioned location to cool down.
  - Always stay hydrated. Bring a bottle of water with you on the ride, wear a camel-back water unit to keep water on you at all times. Even if water isn't cold, it's still wet and can keep the rider hydrated.
  - Avoid alcohol and caffeine intake before and during riding. Not only is it safer for the ride, but alcohol is a diuretic which causes more frequent urination and a faster dehydration process.
- There are limited months to enjoy a motorcycle ride in Wisconsin, don't let the heat ruin them. Stay Cool.

ABATE (A Brotherhood Against Totalitarian Enactments) is a bi-partisan grass roots organization with a goal to give the motorcyclists of Wisconsin a strong, united voice with regard to their future, their way of life, their safety and their legal rights as motorcyclists and citizens.

### It's Open Season on Motorcyclists! Motorcycle Fatalities by Deer are Higher in 2016

It's the perfect ride; quiet country road, smooth pavement, picturesque scenery and the hum of the road. Just the motorcycle and the country; an escape from the stress and business of life. Suddenly a deer appears out of nowhere and in an instant, that biker loses his/her life. It's an all too common story in Wisconsin and across the country and one that all motorists need to be aware of.

To date, six motorcyclists have lost their lives because of deer compared to two fatalities in all 2015 and eight in 2014 and there are still a few months left for riding season. Since no one could ever predict when or where a deer will pop out, it's up to the rider to watch for them.

According to Department of Natural Resources (DNR), there are more deer-vehicle collisions during the months of October and November when deer are most active during the breeding and May and June when yearling are seeking out new areas to live. There are also other contributing factors such as weather and food sources. No matter what the reason, the deer are out there and motorcyclists need to be aware and be proactive.

- Ride slower during peak deer times. Decreasing speed gives more time to spot a deer and plan an escape route.
- Cover the brakes to reduce your reaction time.
- Use your high-beam headlight and your additional driving light when possible.
- Stagger riders in a group; if one hits a deer this will lower the chance of another crashing or more riders being involved in that crash.

If a motorcyclist sees a deer:

- Brake firmly when you notice a deer in or near your path. Be ready to stop.
- Turn off your high beams or flash your headlights. This may break the spell that seems to cause deer to freeze in the road.

There are many hazards for motorcyclists out on the road; some can be avoided and some cannot. Deer that can't be avoided have become a threat to motorcyclists and that threat is growing larger each year. Riders need to be aware of this imminent threat and that it can happen at any time of the year, any time of day and in any location.

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of British motorcycle parts, and clothing. The sun was hot, and the shade from his tent was like a breath of cool fresh air.

Across the street was the tent for the Indian dealership in Lowell, NC. I spent some time under their tent to get out of the sun while looking at the many beautiful Indian motorcycles. The band started playing, and that stopped any conversation. They played loud enough that all at the event could hear their music - which was pretty good!

While walking around, I met a few friends who I hadn't seen in a while. That's the added benefit from events like this. It gets people out of the house to gather together, and enjoy motorcycles.

The best bike of the event in my opinion was a beautifully restored early 1940's Indian Four from West Virginia. They were based on the old Ace Motorcycle company specs, and discontinued when WWII broke out.

It looked perfect - better than new! I didn't hear him ride in. I love to hear the old four cylinder bikes run.

They sound like old sports cars - smooth and sweet.

I headed home a little after noon. I wanted to get home into the A/C before it really got hot. Later, Danny came over for a nice Sunday dinner. It was a great way to spend a Sunday. I'll do it again next year.



RRMC PRESENTS

# THE ORIGINAL

RRMC PRESENTS

## 25th ANNUAL BIKER BALL

Saturday October 1st at 7:00pm  
50-50 & Door Prizes - Beer, Soda and Full Liquor Bar  
**BAND TO BE ANNOUNCED**

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Legion Post #434  
9327 South Shepard Ave. Oak Creek, Wisconsin  
Presale \$10 single/\$18 couple - Door \$15 single/\$25 couple  
Entry at discretion of RRMC

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